

Online/Text/Phone

Youth Hotlines

If you feel as if you are an immediate risk for hurting yourself or others, please contact 911.

Texas Youth Hotline

800-989-6884 24hours/7days

Call, text, or chat

Crisis Text Line

Text "Home" to 741741 24hours/7days

Teen Line-Peer to peer hotline

Call evenings from 6pm-10pm PST 800-852-8336

Text "Teen" to 839863 24hours/7days

Or Download TeenTalk app

National Runaway Safeline-Runaway Hotline

1-800-786-2929 24hours/7days

Call or chat

National Suicide Prevention Hotline

1-800-273-8255 24hours/7days

Call or chat